



**2022 FINA Swimming World Cup
Indianapolis, IN
Indiana University Natatorium - IUPUI
November 3-5 (Thu-Sat), 2022**

The entry deadline for all U.S. participants is 11:59 p.m. Mountain Time on Tuesday October 4, 2022 or until the entry cap is reached.

The domestic cap for this meet will be 300 entered athletes.

This event is sanctioned by USA Swimming.



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The FINA Swimming World Cup is an international series of swimming meets organized by FINA in conjunction with the National Federation and Organizers concerned. Launched in 1988, the FINA Swimming World Cup gathers world-class swimmers in a series of 3-day meets organized between August and November each year. The 2022 Series includes stops in Berlin (October 21-23), Toronto (October 28-30), and Indianapolis (November 3-5).

The 33rd edition of the FINA Swimming World Cup will follow the traditional format of pool swimming competitions carried out under the FINA rules. The meets consist of heats and finals and encompass 34 individual events/disciplines (17 for each gender), events from the programs of World Championships and the Olympic Games. Being the competition organized under FINA rules, judged by certified Technical Officials, and supervised by the FINA Technical Swimming Committee, all the meets of the Swimming World Cup are always recognized as official qualifying events for the major international competitions including the World Championships and Olympic Games.

- Over 50 National Federations from five continents are expected to participate, and up to \$144,000 in prize money may be awarded at this competition.
- This is a Short Course Meters (SCM) event. All qualifying times must be in SCM or Long Course Meters (LCM). Short Course Yard qualifying times will not be accepted.
- Entry times will only be accepted if they have been completed within the maximum qualifying period of 15 months prior to the entry deadline. No times outside of this qualifying period will be accepted.
- In addition to foreign national federations, this meet will be capped at 300 domestic U.S. entries. Each swimmer may compete in up to six events during the competition.
- Please note that information in this document may be modified to meet current local, state, and federal COVID-19 protocols, including mandatory vaccinations, capacity limits, event postponement or cancellation. Proof of COVID-19 vaccination may also be required for anyone requiring deck access (this includes athletes, coaches, officials, and event staff).
- All U.S. swimmers, coaches, and team staff must be 2022 Premium or Outreach members of USA Swimming and must be current in all required certifications and trainings.
- Athletes with one or more qualifying standards must enter using the Hy-Tek Meet Entry File located on the event landing page [here beginning 10:00 a.m. MT on Tuesday, September 6, 2022](#). Entries submitted prior to this time will not be accepted. Teams must attach the Hy-Tek entry file and send to worldcupentries@usaswimming.org. Teams must include their credential requests in the body of the entry submission. Credentials cannot exceed the designated amount listed in the team credential formula. The entry deadline is 11:59 p.m. Mountain Time on Tuesday October 4, 2022 *or until the entry cap is reached*. Once entries are submitted and accepted, a payment link will be sent to the email of team contact that submitted the entries.
- USA Swimming National Team and/or National Junior Team members, and any additional members of their USA Swimming club who also have one or more qualifying standards will be allowed to enter one week prior to this date (***beginning 10:00 a.m. Mountain Time on Tuesday, August 30, 2022***). These entries must follow the same procedures as listed above.
- There will be no refunds once entries are accepted. Entry questions can be directed to Meghan Lowrey at mlowrey@usaswimming.org.
- There will be no relays, bonus swims, or time trials at this competition.

EVENT PERSONNEL

Referee	Kathleen Scandary	kathleenmarynco@hotmail.com
USA Swimming Events Director	Dean Ekeren	dekeren@usaswimming.org
USA Swimming Events Manager	Macie McNichols	mmcnichols@usaswimming.org
USA Swimming Events Manager	Kaitlin Pawlowicz	kpawlowicz@usaswimming.org
USA Swimming Events Coordinator	Meghan Lowrey	mllowrey@usaswimming.org
Meet Director	Arlene McDonald	arlmcdon@iu.edu
Natorium Director	Ed Merklng	emerklin@iupui.edu

SCHEDULE

Prelims 9:30 a.m.
 Finals 6:00 p.m.

Pool Hours

Monday, Oct 31	2:00 p.m. – 8:00 p.m.
Tue-Wed, Nov 1-2	7:00 a.m. – 8:00 p.m.
Thu-Sat, Nov 3-5	7:00 a.m. – one hour after completion of finals session

EVENT ORDER

Event Order for Preliminaries								
Thursday, November 3			Friday, November 4			Saturday, November 5		
400m	Freestyle	W	400m	Individual Medley	W	400m	Individual Medley	M
400m	Freestyle	M	50m	Backstroke	M	100m	Butterfly	W
50m	Backstroke	W	200m	Freestyle	W	50m	Butterfly	M
200m	Backstroke	M	200m	Individual Medley	M	200m	Backstroke	W
200m	Butterfly	W	100m	Backstroke	W	100m	Backstroke	M
100m	Butterfly	M	50m	Breaststroke	M	50m	Breaststroke	W
200m	Breaststroke	W	50m	Butterfly	W	200m	Breaststroke	M
100m	Breaststroke	M	100m	Freestyle	M	100m	Freestyle	W
50m	Freestyle	W	100m	Breaststroke	W	200m	Freestyle	M
50m	Freestyle	M	200m	Butterfly	M	200m	Individual Medley	W
100m	Individual Medley	W	1500m	Freestyle	M	800m	Freestyle	W
100m	Individual Medley	M						

Event Order for Finals								
Thursday, November 3			Friday, November 5			Saturday, November 5		
400m	Freestyle	W	400m	Individual Medley	W	400m	Individual Medley	M
400m	Freestyle	M	1500m	Freestyle	M	800m	Freestyle	W
50m	Backstroke	W	50m	Backstroke	M	100m	Butterfly	W
200m	Backstroke	M	200m	Freestyle	W	50m	Butterfly	M
200m	Butterfly	W	200m	Individual Medley	M	200m	Backstroke	W
100m	Butterfly	M	100m	Backstroke	W	100m	Backstroke	M
200m	Breaststroke	W	50m	Breaststroke	M	50m	Breaststroke	W
100m	Breaststroke	M	50m	Butterfly	W	200m	Breaststroke	M
50m	Freestyle	W	100m	Freestyle	M	100m	Freestyle	W
50m	Freestyle	M	100m	Breaststroke	W	200m	Freestyle	M
100m	Individual Medley	W	200m	Butterfly	M	200m	Individual Medley	W
100m	Individual Medley	M						

Qualifying for the 50m Butterfly, 50m Backstroke, and 50m Breaststroke will be the corresponding 100 qualifying time. Qualifying for the 100 Individual Medley will be the 200 Individual Medley qualifying time. Seeding priority for prelims will be: 1. SCM entry times, 2. LCM entry times, 3. Non-conforming distance entry times.

RULES

Unless otherwise noted herein, this meet shall be conducted in accordance with current FINA Rules and Regulations. The competition will be governed by the FINA Technical Swimming Committee.

All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet all requirements for USA Swimming coach membership including successful completion of the background check and APT course.

TECHNICAL MEETING & SCRATCHES

A Technical/Team Leader's Meeting will be held on Wednesday, November 2, at 11:00 a.m. at the Sheraton Indianapolis Hotel. The meeting will be chaired by the FINA Technical Swimming Committee delegate. Coaches are encouraged to be present for the meeting; however, the meeting will also be broadcast over Zoom. Specific Zoom details will be sent to all participating coaches prior to the meeting.

- Withdrawals for the first session of heats are due by the close of business of the Technical Meeting.
- Withdrawals for each subsequent session of heats are due 1 hour prior to the start of finals the evening before.
- Withdrawals for each session of finals are due not later than 1 hour upon conclusion of the heats on that day.
- DNS will be fined according to FINA Rules.
- A positive check-in for timed final races must be made no later than the conclusion of the finals session on the day prior to the event in order to avoid open lanes in the finals.

ENTRY LIMIT

Each swimmer may participate in a maximum of six events during the competition.

LATE ENTRIES

There will be no late entries accepted for this competition.

ENTRY FEES

Entry fees: \$20/event:
 Massage Therapist \$100/Individual

Entry payments will be processed using USA Swimming's secure payment processor. Upon confirmation of receipt of entry, payment information will be shared with team contact. Entries will not be considered complete until the payment has been received and processed by USA Swimming.

SEEDING

Events shall be seeded in order of SCM followed by LCM.

SCORING & PRIZE MONEY

Prize money will be awarded by FINA for this competition. Only the best three results (sum of points for position and performance) are counted in the scoring for the meet. In case of a tie in scores, namely between 3rd and 4th scores achieved by an athlete, result with the higher performance (based on the FINA points) will be used, regardless of the position achieved at the event. Scores of 10, 8, 6, 5, 4, 3, 2, 1 will be assigned for the top eight places in each event. A ranking shall be established per gender, and prize money will be awarded according to the following chart.

Rank	Total	Rank	Total
1	\$12,000	11	\$4,900
2	\$10,000	12	\$4,800
3	\$8,000	13	\$4,700
4	\$6,000	14	\$4,600
5	\$5,500	15	\$4,500
6	\$5,400	16	\$4,400
7	\$5,300	17	\$4,300
8	\$5,200	18	\$4,200
9	\$5,100	19	\$4,100
10	\$5,000	20	\$4,000

CREDENTIALS

Deck access credentials for coaches, managers and team support shall be issued to those persons listed on the submitted team entry forms according to the following team size formula. Managers and Team Support personnel must be included in this formula and on the entry form to receive a credential. If athletes are scratched from the meet, teams may be asked to surrender Coach, Manager, or Team Support credentials in order to maintain compliance with the credential formula. Athletes entered in the meet will receive a deck pass credential as part of their entry fee.

- 1-3 swimmers: 1 deck pass.
- 4-6 swimmers; 2 deck passes.
- 7-9 swimmers; 3 deck passes.
- 10-14 swimmers; 4 deck passes.
- 15-19 swimmers; 5 deck passes.
- 20-24 swimmers; 6 deck passes.
- 25-29 swimmers; 7 deck passes.
- 30- 34 swimmers; 8 deck passes
- 35-39 swimmers; 9 deck passes
- 40 or more swimmers; 10 deck passes
- Unattached swimmers not with a team: 1 deck pass.

All coaches and team staff must be listed on the entry file. Certified Massage Therapists, who are current members of USA Swimming, may receive a deck pass for \$100/person. Venue access for these individuals may be limited to a designated massage area within the venue.

SAFE SPORT

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit usaswimming.org/report.

All U.S. athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after **October 3, 2022**, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after **October 3, 2022**, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition.

Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Referee, Meet Director or Meet Marshal, is harmful to others or to other's property may be required to leave the competition. No swimmer will be allowed access to the pool deck without a coach member present. If the home club coach is not planning to attend event, swimmer must designate a supervising coach. Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign supervision form before a credential can be issued.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. During warm-up sessions, athletes must enter the water feet-first, except in designated lanes and times. Violations may result in disqualification from next individual event or expulsion from the meet.

Deck changing is prohibited.

Use of audio or visual recording devices, including a cell phone, are not permitted behind the starting blocks during the entire meet and are not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.

It is understood and agreed that USA Swimming, the Meet Hosts, Facility Owners, Officials, and the LSCs shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

ABOUT THE VENUE

The Indiana University (IU) Natatorium "the Nat", located on the campus of Indiana University/Purdue University Indianapolis (IUPUI) in downtown Indianapolis, was completed in 1982 at a cost of \$21.5 million. The IU Natatorium has three pools: an eight-lane 50m competition pool 2.5m deep; a six-lane 50m warm-up pool; and an eight-lane short course (25Y) warm-up pool. The main competition pool has been proclaimed one of the fastest pools in the world, with 138 American and 19 World records having been broken here. Athletes from around the world have competed at the IU Natatorium. In addition to numerous U.S. National Championships and U.S. Open Championships, the U.S. Olympic Team Trials were held at the Nat in 1984, 1992, 1996 and 2000. The names of all the team members who have qualified for an Olympic Team here are inscribed on the south wall of the Natatorium.

Two (2) men's and two (2) women's locker rooms exist adjacent to the competition pool with ample locker space. Lockers for use by officials are located in the competition pool area accessed through the west deck hallway. The venue regularly hosts competitions of over 1,000 athletes and is excellent for events of this size. There are over 4,700 permanent seats in the venue, and the organizing committee will install a curtain from floor to ceiling to separate the 50m pool from the diving pool. This will create a more intimate racing venue and reduce overall spectator capacity to approximately 3,500 prime seats.

In 2017 the venue completed a \$20 million renovation, keeping the venue as one of the top indoor pools in the United States. A compete venue plan can be found in the Team Leader's Handbook.

PARKING

A limited number of pre-ordered, all-session parking permits for team use only will be available in the attached Natatorium Sports Garage. Pre-ordered permits will be available for pick-up and payment at Registration. The cost of a six-day permit (Monday - Saturday) is \$42; the cost of a five-day permit (Tuesday - Saturday) is \$35. Payment for team parking permits at Registration is by debit or credit card only (no cash). Permits are offered for the convenience of teams and allow unlimited in-and-out privileges throughout the event in the Permit Section of the garage. General parking in the Natatorium Sports Garage is available for \$7 per entry (credit or debit card only).

TICKETS

Ticket information can be found at usaswimming.org/tickets

HOTELS

Hotel information coming soon.

BROADCAST STATEMENT

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.

IMAGE AUTHORIZATION

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested.

SWIMMERS WITH DISABILITIES

Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals.

SAFETY

Marshals will be in place during warm-up periods, and USA Swimming safety rules will be in effect. It is the responsibility of the swimmer or of the swimmer's legal guardian to ensure compliance USA Swimming safety procedures.

LIABILITY

USA Swimming, the LSC, the facility, and the host organization shall accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in these events. Damage to the facility, when proved, will cause the offending participant, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs. All participants and guests must adhere to the facility rules, and coaches must supervise their swimmers at all times. Glass containers are not permitted in the facility. Children must be supervised at all times.

DOPING CONTROL

This event is subject to Doping Control. All athletes at this competition are subject to drug testing conducted by the United States Anti-Doping Agency (USADA), WADA, and/or FINA under the In-Competition Testing program. This section is intended to give an overview of the key points relevant to this program and the testing which will be conducted at the competitions governed by this booklet. Athletes should visit [usada.org/athletes/antidoping101/](https://www.usada.org/athletes/antidoping101/) for important information that all athletes, coaches, and their parents must be aware of. Key details from that document are listed below. Athletes should check their medications prior to use and note that some medications may require approval that will take at least 30 days.

What substances are banned?

Per USADA: "As a signatory to the World Anti-Doping Code, USADA tests for substances and methods found on the World Anti-Doping Agency [Prohibited List](#). It's important that athletes are aware of the substances and methods on the Prohibited List, as an athlete is responsible for any prohibited substance found in their body, regardless of intent. It's also important to understand that certain substances are prohibited at all times, while others are prohibited only during competition. In some cases, a substance is only prohibited in a certain sport. Use the resources on this tab in conjunction with the next step about medication and the resources available pertaining to medication to determine whether or not a substance is prohibited." [Read the Summary of Modifications for 2022](#)

What about medication?

Per USADA: "Athletes need to be aware of the prohibited status of any medication they are taking, whether it be an over-the-counter or prescription medication. The easiest way to understand your medication is to use USADA's [Global DRO](#) service, where generic and name brand products, or specific medications, can be searched. Results will yield information including the in- and out-of-competition status, any threshold information, as well as sport specific information for those substances prohibited only in certain sports. Athletes or their support team can also speak to an expert by phone during business hours [8am – 5pm Mountain Time Monday-Friday] by calling Athlete Express at 719.785.2000.

It's important to understand that Dietary Supplements are not medication. They are regulated and manufactured differently. For these reasons, USADA is unable to provide guidance on specific dietary supplement products. For more information visit [USADA's Supplement 411 resource](#).

Therapeutic Use Exemptions?

Per USADA: "In some situations, an athlete may have an illness or condition that requires the use of medication listed on the World Anti-Doping Agency's [Prohibited List](#). A Therapeutic Use Exemption or TUE provides permission for an athlete to have a prohibited substance in their body at the time of a drug test. The process for obtaining a TUE is thorough and balances the need to allow athletes access to critical medication while upholding clean athletes' rights to compete on a clean and level playing field. In some cases, the TUE requirements are different for national-level athletes vs. non-national level athletes. Athletes interested in obtaining a TUE should visit the [Therapeutic Use Exemption](#) page, where they can determine if they need a therapeutic use exemption, begin the application process, and find answers to the most frequently asked TUE questions."

Understand the Sample Collection Process:

Per USADA: "Athletes selected for testing are subject to both blood and urine testing. The processes are designed to be both effective in preserving the integrity of the sample, yet safe and comfortable for the athlete. Understanding the processes as well as an athlete's rights and responsibilities can help to make them less intimidating. There are additional considerations for minor athletes and disabled athletes. Learn more about the sample collection processes [here](#)." NOTE: Minor athlete should always have a representative with them in doping control.

Per established doping control testing protocol, a Witnessing Chaperone must directly observe an athlete providing a sample. The witnessing chaperone is always someone of the same gender as the athlete. To protect the rights of a minor athlete, someone must observe the witnessing chaperone observing the athlete as they provide a urine sample. That person cannot see the athlete – they can only see the witnessing chaperone watching the athlete. Per USADA's established protocol the athlete has the right to choose who will be in that role. In the event that a coach acts as an Athlete Representative for an athlete of the opposite gender, they may request that someone on USADA's crew observe the witnessing chaperone observing the athlete. Then the coach can be the athlete representative for the rest of the processing of the paperwork.

NCAA doping control rules are different than the rules for this meet. Be sure all athletes have checked their meds with USADA and understand this information.

Doping Control rule for athletes previously eligible for out of competition drug testing: Athletes who were previously eligible for out of competition (no-advance-notice) doping control and officially retired have a 6-month waiting period before they can compete (should they choose to return to competition) and must again be subject to out-of- competition testing during this reinstatement period. The athlete is not permitted to compete in any USA Swimming sanctioned events (local competitions all the way up through National competitions including meets with a dual sanction from Masters and USA Swimming) or FINA sanctioned events. If you have an athlete in this situation, please email smichael@usaswimming.org immediately.



Fina
SWIMMING
WORLD CUP

2022 TIME STANDARDS

FINA WORLD CUP - INDIANAPOLIS

* Qualifying Period July 4, 2021 through entry deadline

WOMEN

MEN

SCM	LCM	EVENT	LCM	SCM
26.09	26.89	50 FR	24.29	22.99
55.79	58.19	100 FR	52.89	50.09
2:00.49	2:04.99	200 FR	1:55.69	1:50.09
4:13.09	4:23.79	400/500 FR	4:05.29	3:54.19
8:48.39	9:06.69	800/1000 FR	-	-
-	-	1500/1650 FR	16:14.99	15:29.59
1:00.89	1:04.79	100 BK	58.89	55.69
2:13.19	2:19.59	200 BK	2:08.49	2:01.59
1:10.59	1:13.79	100 BR	1:06.59	1:02.89
2:34.69	2:38.59	200 BR	2:24.99	2:18.79
1:00.59	1:02.69	100 FL	57.09	54.39
2:14.19	2:18.99	200 FL	2:06.89	2:01.29
2:15.39	2:22.09	200 IM	2:09.79	2:02.39
4:49.39	5:00.99	400 IM	4:36.99	4:24.39